

# Calvary Chapel of El Cajon Women's Bible Studies

## Ephesians 6:15 - Gospel of Peace

### Lesson 17

As we consider the armor necessary for different parts of our body, we arrive at instructions for our feet. Our feet with which we walk along the roads in the dust, in the mire, in the house, at the job, at the market, etc. are very important. Ephesians 6:15 shares the spiritual application for our feet. They are to be *shod with the preparation of the gospel of peace*. Physical shoes protect physical feet. But, when they are *shod with the preparation of the gospel*, we find that we are enabled to stand in the winds of spiritual adversity.

#### DAY ONE: Read Ephesians 6:14-19

1. This week we will concentrate on Ephesians 6:15. Read verse 15 and record it below.

2. Review Ephesians 6:14-17. List the six pieces of armor by filling in the blanks:

*having your waist girded with \_\_\_\_\_*

*having put on the breastplate of \_\_\_\_\_*

*having shod your feet with the preparation of the \_\_\_\_\_*

*taking the shield of \_\_\_\_\_*

*take the helmet of \_\_\_\_\_*

*(take) the sword of the Spirit, which is the \_\_\_\_\_*

3. Putting on the third piece of armor requires that we have our feet *shod with the preparation of the gospel of peace*. Using a Bible Dictionary (or a regular dictionary) define:

*shod*

*preparation*

*gospel*

*peace*

a. Before you study this verse in depth, what do you think it means?

## DAY TWO: Preparation

1. The provision made for the Roman soldier's feet was a certain type of sandal. More important than the top of the sandal was its bottom. The sole of the sandal had cleats which gave them the ability to grip and not slip. Our feet are to be *shod with the preparation of the gospel of peace*. They are to be ready, prepared, equipped. Why is it necessary that a soldier be in a state of readiness for battle?
  
2. The Israelites were to be *prepared* to leave Egypt. What does Exodus 12:11 tell us they were to do?
  - a. Think of a time you were ready to go, but could not find your shoes. How might that experience be compared to not being ready spiritually?
  
3. Think about your feet for a moment. They tend to be a part of our body that is neglected – as long as they are working properly. If they are not, they are suddenly appreciated. What are some of the purposes of your feet?
  
4. Feet are a part of the body that usually need to be protected. They can be very sensitive to the elements and the conditions they walk upon. If you were to take a trip, what are some things you might consider when buying shoes for that trip?
  
5. Why do you think feet are a good example to use to be *shod with the preparation of the gospel of peace*?

## DAY THREE: The Gospel Of Peace

1. Simply stated, the gospel is the good news that man can be made right with God by believing in the death, burial, and resurrection of Jesus Christ. Besides salvation, what has the *gospel* brought in to your life?
  
2. The believer has two distinct responsibilities to the *gospel*. The first is to live a life in response to it. As we relate to this lesson, we are to live in the *peace* that God has provided through the *gospel*. What does a life look like that has put on *the preparation of the gospel of peace*?
  
3. Read the following verses and reflect upon the *peace* that God gives:  
Psalm 34:14  
  
Isaiah 48:18  
  
2 Corinthians 13:11  
  
Colossians 3:15
  - a. Summarize this *peace* as described in the verses above.
  
4. Although God gives *peace*, it is the believer's responsibility to appropriate it (put it on). What do the following verses say about this?  
Isaiah 26:3  
  
Luke 1:79  
  
John 14:27  
  
Philippians 4:7
  - a. From the verses above, summarize the believer's part in walking in *peace*.
  
5. Why is a life that lacks *peace* a poor reflection of the *gospel*?

## DAY FOUR: Preaching The Gospel Of Peace

1. Our second responsibility to the *gospel* is to share it with others. Read the following verses and record what they say about sharing the *good news*.

Isaiah 40:9

Isaiah 52:7

Romans 10:14-15

- a. What is so *beautiful* about *feet* that are used to spread the *gospel*?

2. We are to be prepared to preach the *gospel of peace*. Let's take a walk on the Romans road, learning the steps to help lead others to salvation.

Step 1: Romans 3:10-12

Step 2: Romans 3:23

Step 3: Romans 6:23

Step 4: Romans 5:8

Step 5: Romans 10:9-10

Step 6: Romans 10:13

- a. Now write each step in your own words.

Step 1:

Step 2:

Step 3:

Step 4:

Step 5:

Step 6:

Challenge: Explain the importance of understanding each step.

3. How might actively sharing the *gospel* be a protection against enemy attacks?

## DAY FIVE: The Protective Armor Of The Gospel Of Peace

1. Because of the *gospel*, we can have *peace*. Read Philippians 4:6-9 and record what believers can do that will insure God's *peace* in their lives.

a. According to verse 6, what can be the result of not doing these things?

1.) What are some ways Satan can take advantage of someone who is *anxious*?

Challenge: What are some of the things Paul taught that, if followed, would bring *peace*?

2. Our *feet* are to be *prepared*. We are to be ready to share the *gospel*. What do the following verses teach about being *ready*?

Romans 1:15

2 Timothy 4:2

1 Peter 3:15

a. In what ways does a heart *prepared* to share *the gospel* enable one to *stand against the wiles of the devil*?

3. *Blessed are the people who know the joyful sound! They walk, O LORD, in the light of Your countenance* (Psalm 89:15). One of the most precious *sounds* there is, is the call of the *gospel*. How have you found this to be true and thus an antidote to the tactics of the devil?

## DAY SIX: Review

1. We are to have our *feet shod with the preparation of the gospel of peace*. Why do you think Paul used the example of *feet* to express this piece of armor?
  
2. Jesus often used the phrases *peace to you* and *peace be with you*. What did Jesus do to be able to offer *peace* to the believer?
  - a. How has acceptance of the *gospel* brought *peace* in to your life?
  
3. Often just thinking about sharing the *gospel* provokes anxious thoughts rather than *peace*. Why?
  - a. What can a believer do to overcome these anxious thoughts which tend to paralyze us?
    - 1.) What belief expressed by Paul in Romans 1:16 caused him not to be *ashamed of the gospel*?
  
    - b. What advantage does the devil get when he convinces us to keep our "witnessing shoes" off?
  
4. What have you learned from this lesson that has encouraged you to seriously consider how you *shod your feet*?

*He makes my feet like the feet of a deer; he enables me to stand on the heights.*

*-2 Samuel 22:34 NIV*