

# Calvary Chapel of El Cajon Women's Bible Studies

## 1 Peter 1:13-21

### Lesson 3

Peter began this letter writing of the inheritance of all believers. In this section, he transitions to the expected behavior of all who claim this inheritance. True salvation results in obedience. As you study some of the attributes an obedient child of God will possess, may you be challenged, not with the impossibility, but with the empowerment granted to you to be transformed from the former lusts to the holiness God has called you to.

#### DAY ONE: Read 1 Peter 1:13-21

1. Read through this week's verses using both your Observation Worksheet and another Bible translation or paraphrase. After reading through these verses, what would you say to someone if they asked you what they were about?

a. 1 Peter 1:13-21 is one section/paragraph. List below the subject(s) covered in this section.

How would you title this section? Record your title on the **Chapter & Paragraph Division Titles Chart** provided with your Observation Worksheet.

2. At the right-hand side of the same chart are columns labeled **Key Word** and **Symbol**. They have been provided for you to record the key words and the symbol you have chosen to represent each one. Record the key words listed below and their symbols on the chart.

From previous lessons: *God (Father), Jesus, grace, glory, faith, and hope*

New to this lesson: *holy*

Now, using the symbols you have chosen, mark each of the key words each time they are used in 1 Peter 1:13-21. Remember, as you mark the words *God* and *Jesus*, to mark any personal pronouns that refer to Them.

3. Note the term of conclusion, *therefore*, in verse 13. Record the conclusion and what it was based upon.
4. Peter used the contrasting term *but* in verses 15, 19, and 20. Choose one of them and record the contrast that Peter made.

5. This portion of 1 Peter gives us several instructions based on the *living hope* (1 Peter 1:3-5) believers have been given. Scan through 1 Peter 1:13-17 and record those instructions.

Verse 13: *gird* \_\_\_\_\_ *the loins* \_\_\_\_\_

*be* \_\_\_\_\_

*and* \_\_\_\_\_ *fully upon the grace that is to be brought to you...*

Verse 14: *not* \_\_\_\_\_ *to the* \_\_\_\_\_

Verse 15: *be* \_\_\_\_\_ *in all your* \_\_\_\_\_

Verse 17: *conduct yourselves throughout the time of your* \_\_\_\_\_ *in* \_\_\_\_\_

- a. Summarize this conduct, expected of the believer, in response to our *living hope*.

## DAY TWO: READ 1 Peter 1:13-14

1. *Gird up the loins of your mind* is a metaphor, which would be easily understood by Middle Eastern men who wore long robes. To prepare for action, they shortened their robe by pulling it up within their belt. This removed any hindrance to their progress. With this in mind, what do you think this phrase instructs us to do?

- a. Why do you think the *mind* is so important?

Challenge: Share some tools/Scriptures you have learned to apply that enable you to *gird up the loins of your mind*.

2. The exhortation to *be sober* is not limited to abstinence from wine. It is descriptive of being alert, balanced, responsible, not reckless or carried away with excesses. What other areas might Peter be challenging us to *be sober* in?

- a. What does Ephesians 5:18 tell us we are to be *filled with* or controlled by?

- 1.) What is the difference between being controlled by the Holy Spirit and controlled by anything or anyone else?

3. What is the third exhortation in 1 Peter 1:13?

- a. Underline the words that stood out to you as you wrote the exhortation.
- b. In your own words, what do you think Peter is saying to us?

4. Christians are to be *as obedient children* (1 Peter 1:14). Contrast *obedient children* with *disobedient children* by completing the chart below. Record a few phrases from the following verses about:

Obedient Children	Disobedient Children
Ephesians 2:2,3	
Ephesians 5:1-8	
1 Thessalonians 5:5	

a. The word *conformed* (1 Peter 1:14) is also used in Romans 12:2. Instead of being *conformed to this world*, what does Romans 12:2 say we are to be?

1.) Explain what this means in a practical sense?

**DAY THREE: Read 1 Peter 1:15,16**

1. 1 Peter 1:15 is a continuation of 1 Peter 1:13,14. What does verse 15 exhort us to do?

a. Stop and think about this sobering exhortation: *you also be holy*. The word *holy* means set apart from sin for God's purposes. From verse 14 we learned we are to stop conforming to the world's standards and customs. What instructions do you receive from the following verses that will help you with this?

Ephesians 4:22-24

Colossians 3:1,2,5a

2. The sobering exhortation in 1 Peter 1:15,16 requires *holy* conduct. According to verse 15, when are we to behave in *holiness*?
  - a. Believers are *holy* through Christ's righteousness. The practical aspect of *holiness* concerns our character and conduct. Write what the following verses say to you about this:
    - 2 Corinthians 7:1
    - 1 Thessalonians 4:7
    - 2 Peter 3:11
  - b. Applying these verses, what do you think God is asking of us?

#### **DAY FOUR: Read 1 Peter 1:17-19**

1. Read 1 Peter 1:17 and consider our accountability before the holy God. The word *fear* in this verse means reverential awe. Note the Amplified Version of the last part of this verse: *you should conduct yourselves with true reverence throughout the time of your temporary residence on the earth.* With this in mind, write what you learn about the *fear of the Lord* from the following verses:
  - Proverbs 8:13a
  - Proverbs 9:10a
  - Proverbs 14:26,27
  - a. How should the *fear of the Lord* affect our daily walk?
2. 1 Peter 1:18,19 gives the believer a powerful incentive for holy living. The King James Version begins verse 18: *Forasmuch as ye know.* According to verses 18,19 what should you *know*?
  - a. Define the word *redeemed*.
    - 1.) What does it mean to you that you *were redeemed from the empty way of life handed down to you from your forefathers* (verse 18b NIV)?

## DAY FIVE: Read 1 Peter 1:20,21

1. Read 1 Peter 1:20,21 and list some important characteristics of Jesus as they are revealed in these verses.
  - a. Micah 5:2 refers to Jesus. What does this verse say about Him?
  - b. Jesus was *manifest in these last times for you* (speaking of the believer). Using Hebrews 1:2-4, describe Jesus.
2. Jesus was *foreordained before the foundation of the world*. This is not the first time Peter has declared this. What did he say to the crowd on the day of Pentecost? See Acts 2:23.
  - a. From the human perspective, Jesus was cruelly murdered; but from God's perspective, He laid down His life as planned. What does John 10:17,18 say about this?
    - 1.) Why is it important to know that Jesus did not just "appear on the scene" and that God was in charge of what was happening?
3. 1 Peter 1:20 states that *Jesus was manifest in these last times for you*. Jesus revealed Himself as He walked on the earth and continues to reveal/*manifest* Himself to us today through the Holy Spirit, through the Word of God. What has the Word of God revealed to you about Jesus?  
Challenge: Use Scripture to support your answer.
4. Another important fact can be found in 1 Peter 1:21, *Jesus was raised from the dead*. If that were not true, how would history have been different?
  - a. Why does the fact of Jesus *being raised from the dead* increase your *faith and hope in God*?

## DAY SIX: Review 1 Peter 1:13-21

1. 1 Peter 1:15 calls us to *holiness*. God never asks us to do anything that we cannot do in His power. In practical terms, what does it mean to be *holy*?
  - a. Since God enables us to be *holy*, why is being *holy* difficult?
  
2. Choose one of the instructions given in 1 Peter 1:13-17 and share a thought about that instruction.
  
3. Through your study of 1 Peter 1:13-21, share something you learned about:  
The Father  
  
Christ
  
4. In what ways have you been challenged or encouraged by this week's study?

*Blessed is the man who trusts in the LORD,  
And whose hope is the LORD.*

*- Jeremiah 17:7*