

# Calvary Chapel Cajon

## *Women's Bible Studies*

### Mark 1

### Lesson 1

The book of Mark is the most concise gospel, covering most of the events, but not in the detail presented by the other gospel writers. It is believed that Mark obtained most of his information from Peter. As Peter was the first disciple to recognize that Jesus was the Christ, Mark chapter 1 presents to us several witnesses as to the identity of Jesus. Mark, himself, is the first witness. Then John the Baptist, followed by an affirmation by God, the Father. An unclean spirit pronounced Jesus' deity. The demons knew of His power, as did a common leper. As you begin this study of Mark's record, may you be stirred to discover truths about our Lord that you may have missed before and may you be drawn into a deeper love and awe of Him as your Savior and Lord.

#### DAY ONE: Read Mark 1

1. Read through this week's verses using both your Observation Worksheets and another Bible translation or paraphrase. After reading through these verses, what would you say to someone if they asked you what they were about?

2. How would you title this chapter? Record your title on the **Chapter Titles Chart** provided with your Observation Worksheets.

3. At the right-hand side of the same chart are columns labeled **Key Word** and **Symbol**. They have been provided for you to record the key words and the symbol you have chosen to represent each one. Record the key words listed below and their symbols on the chart.

*God, Jesus, Spirit, immediately/as soon/at once (mark these words with the same symbol) kingdom of God, and gospel.*

Now, using the symbols you have chosen, mark each of the key words each time they are used in Mark 1. Remember, as you mark the key words, to mark any personal pronouns that refer to them. You do not need to mark every word that refers to them - only those that you feel are significant.

4. *Jesus* is mentioned many times in this chapter. Scan through the chapter and list five things revealed about Him.

## DAY TWO: Read Mark 1:1-13

1. Mark began this gospel telling us that this gospel is of *Jesus Christ*. What title did Mark give to Jesus in verse 1?
  
2. A thousand years before Christ came, it was prophesied that God would send someone to come before Him and *prepare the way* for Him. That prophecy was fulfilled in the coming of John the Baptist. Read verses 2-8 and record John's message.
  
3. What was John's attitude towards Jesus? verses 7,8
  - a. Mark 1:8 was quoted three times in the book of Acts. Read Acts 1:4,5; 11:15,16 and 19:4-6. To what was John referring?
  
  - b. How did the baptism of Jesus differ from the baptism of John?
    - 1.) According to Acts 1:8, what was the purpose of Jesus' baptism
  
4. In fulfillment of prophecy, Jesus came to John to be baptized. *Immediately*, after Jesus was baptized *a voice came from heaven*. What did God proclaim about Jesus (verse 11)?
  - a. If you had been at the scene, how do you think you would have reacted?
  
5. *Immediately the Spirit drove Him into the wilderness*. Mark only briefly describes this event. Matthew gives us a fuller account in Matthew 4:1-11. Record something this account reveals about Jesus.
  - a. Christ left *us an example, that we should follow His steps* (1 Peter 2:21). What can we learn (and follow) from Christ's example of resisting temptation in the wilderness?

### DAY THREE: Read Mark 1:14-20

1. Mark 1:14,15 summarize the preaching ministry of Jesus. According to verse 15, what did *He say*?

a. We will study the *kingdom of God* at another time. However, for now, look up the following references in Mark and record what they say about the *kingdom of God*.

Mark 4:11

Mark 9:1

Mark 10:14

Mark 10:24

Mark 12:28-34

1.) Record your impression of the *kingdom of God*.

b. Define the word *repent*.

c. Define the word *believe* as it is used in Mark 1:15

1.) What is the result of *believing in the gospel*? see John 3:16

2. Mark 1:16-20 is the account of Jesus calling four disciples, who were all fishermen. What were their names?

a. Record the promise Jesus made to them in verse 17.

1.) What word was written to let us know how long it took for them to respond to His call? verses 18 and 20

a.) What lesson can we learn from their example?

## DAY FOUR: Read Mark 1:21-34

1. *Then they went into Capernaum, and immediately on the Sabbath He entered the synagogue and taught* (Mark 1:21). Why were the people *astonished at His teaching* (verse 22)?
2. *Now there was a man in their synagogue with an unclean spirit...* (verse 23). The unclean spirit recognized Jesus as *Jesus of Nazareth*. What title did he call Jesus (verse 24)?

3. Using Mark 1:25-27, record what each said or did:

Jesus:

Unclean spirit:

The people:

- a. What was the result of this incident? (verse 28)
- b. What does this story teach us about evil spirits and Jesus' power?
  - 1.) In what way does this personally encourage you?

4. Jesus not only has power over evil spirits, He has power over sickness and disease. What happened in the following verses that teaches this?

Mark 1:29-31

Mark 1:32-34

- a.) Why did Jesus *not allow the demons to speak?* verse 34

- 1.) Just to ponder...Why do you think it was important that Jesus be revealed according to His plan and timetable, rather than Satan's?

## DAY FIVE: Read Mark 1:35-45

1. The events of the previous 13 verses in Mark 1 comprise only one day. What did Jesus do the very next morning? verse 35
  - a. His disciples went out to search for Him. What did they tell Him? verse 37
  
2. Jesus' response in verse 38 could very well have been in response to His spending time in prayer. What phrase in this verse might indicate that?
  - a. How have you found spending time in prayer a way to know God's *purpose* for you?

Challenge: Using Luke 2:29-32, Luke 4:18-21, and 1 John 3:5,8, describe the purpose of Jesus' coming.

3. *Jesus continued to preach in their synagogues throughout Galilee, and casting out demons* (verse 39). Mark 1 closes with the account of a *leper* that came to Jesus. What did the *leper* know about Jesus' power? verse 40
  - a. The leper did not question Jesus' power. He did, however, understand that Jesus would not heal him if He was not *willing* to do so. What did Jesus tell him in verse 41?
    - 1.) What was the result?
  
  - b. In Mark 1:34 Jesus forbade the demons to speak. Now, in Mark 1:44, He told the cleansed leper to *say nothing to anyone*. Apparently Jesus has more authority over demons than He does over man! What did the leper do?
    - 1.) What was the result? verse 45
      - a.) How might this take the focus off of preaching the *gospel of the kingdom of God*?

## DAY SIX: Review Mark 1

1. The purpose of John the Baptist was much different from that of Jesus. *He (Jesus) must increase, but I (John the Baptist) must decrease* (John 3:30). How might you appropriate his example into your life?
  - a. Why must Jesus first *increase* in our lives, before we can *decrease*?
  
2. Jesus promised the disciples that He would make them *fishers of men*. What is the responsibility of the disciple?
  - a. What does a *follower* of Jesus look like?
  
3. Mark 1 describes several instances of Jesus using His power to cast out demons and to heal the sick. Share something that you noticed as you read these accounts.
  
  
4. Scan through the chapter and record the titles given to Jesus.
  - a. Describe your impression of Jesus as if Mark 1 was your first introduction to Him.

*and repentance and forgiveness of sins  
will be preached in his name  
to all nations, beginning at Jerusalem.  
- Luke 24:47 NIV*

## Chapter One

<sup>1</sup>The beginning of the gospel of Jesus Christ, the Son of God. <sup>2</sup>As it is written in the Prophets: "Behold, I send My messenger before Your face, who will prepare Your way before You." <sup>3</sup>"The voice of one crying in the wilderness: 'Prepare the way of the LORD; make His paths straight.'" <sup>4</sup>John came baptizing in the wilderness and preaching a baptism of repentance for the remission of sins. <sup>5</sup>Then all the land of Judea, and those from Jerusalem, went out to him and were all baptized by him in the Jordan River, confessing their sins. <sup>6</sup>Now John was clothed with camel's hair and with a leather belt around his waist, and he ate locusts and wild honey. <sup>7</sup>And he preached, saying, "There comes One after me who is mightier than I, whose sandal strap I am not worthy to stoop down and loose. <sup>8</sup>I indeed baptized you with water, but He will baptize you with the Holy Spirit." <sup>9</sup>It came to pass in those days that Jesus came from Nazareth of Galilee, and was baptized by John in the Jordan. <sup>10</sup>And immediately, coming up from the water, He saw the heavens parting and the Spirit descending upon Him like a dove. <sup>11</sup>Then a voice came from heaven, "You are My beloved Son, in whom I am well pleased." <sup>12</sup>Immediately the Spirit drove Him into the wilderness. <sup>13</sup>And He was there in the wilderness forty days, tempted by Satan, and was with the wild beasts; and the angels ministered to Him. <sup>14</sup>Now after John was put in prison, Jesus came to Galilee, preaching the gospel of the kingdom of God, <sup>15</sup>and saying, *"The time is fulfilled, and the kingdom of God is at hand. Repent, and believe in the gospel."* <sup>16</sup>And as He walked by the Sea of Galilee, He saw Simon and Andrew his brother casting a net into the sea; for they were fishermen. <sup>17</sup>Then Jesus said to them, *"Follow Me, and I will make you become fishers of men."* <sup>18</sup>They immediately left their nets and followed Him. <sup>19</sup>When He had gone a little farther from there, He saw James the son of Zebedee, and John his brother, who also were in the boat mending their nets. <sup>20</sup>And immediately He called them, and they left their father Zebedee in the boat with the hired servants, and went after Him. <sup>21</sup>Then they went into Capernaum, and immediately on the Sabbath He entered the synagogue and taught. <sup>22</sup>And they were astonished at His teaching, for He taught them as one having authority, and not as the scribes. <sup>23</sup>Now there was a man in their synagogue with an unclean spirit. And he cried out, <sup>24</sup>saying, "Let us alone! What have we to do with You, Jesus of Nazareth? Did You come to destroy us? I know who You are--the Holy One of God!" <sup>25</sup>But Jesus rebuked him, saying, *"Be quiet, and come out of him!"* <sup>26</sup>And when the unclean spirit had convulsed him and cried out with a loud voice, he came out of him. <sup>27</sup>Then they were all amazed, so that they questioned among themselves, saying, "What is this? What new doctrine is this? For with authority He commands even the unclean spirits, and they obey Him." <sup>28</sup>And immediately His fame spread throughout all the region around Galilee. <sup>29</sup>Now as soon as they had come out of the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup>But Simon's wife's mother lay sick with a fever, and they told Him about her at once. <sup>31</sup>So He came and took her by the hand and lifted her up, and immediately the fever left her. And she served them. <sup>32</sup>At evening,

when the sun had set, they brought to Him all who were sick and those who were demon-possessed. <sup>33</sup>And the whole city was gathered together at the door. <sup>34</sup>Then He healed many who were sick with various diseases, and cast out many demons; and He did not allow the demons to speak, because they knew Him. <sup>35</sup>Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed. <sup>36</sup>And Simon and those who were with Him searched for Him. <sup>37</sup>When they found Him, they said to Him, "Everyone is looking for You." <sup>38</sup>But He said to them, *"Let us go into the next towns, that I may preach there also, because for this purpose I have come forth."* <sup>39</sup>And He was preaching in their synagogues throughout all Galilee, and casting out demons. <sup>40</sup>Now a leper came to Him, imploring Him, kneeling down to Him and saying to Him, "If You are willing, You can make me clean." <sup>41</sup>Then Jesus, moved with compassion, stretched out His hand and touched him, and said to him, *"I am willing; be cleansed."* <sup>42</sup>As soon as He had spoken, immediately the leprosy left him, and he was cleansed. <sup>43</sup>And He strictly warned him and sent him away at once, <sup>44</sup>and said to him, *"See that you say nothing to anyone; but go your way, show yourself to the priest, and offer for your cleansing those things which Moses commanded, as a testimony to them."* <sup>45</sup>However, he went out and began to proclaim it freely, and to spread the matter, so that Jesus could no longer openly enter the city, but was outside in deserted places; and they came to Him from every direction.